

# Dr. Kim Acu On-Hand Pediatric Herbal Formulas Guide

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Acupuncture • Herbs • Fire Cupping  
Holistic Aesthetics & Healthcare





## Immunity Boosting Jade Windscreen + ASR

Included

Herbal extract of a classical formula to boost immunity with highly concentrated extracts of Astragalus, Shiitake, and Reishi mushrooms. Great for those who frequently are ill during the winter. It can be taken as added support at a low dose during the months that your child is frequently ill. If they become ill would switch to a different tincture.



## Onset of cold especially with propensity to earaches

**CQ Jr**

Included

A blend of 3 classical formulas that addresses the constitution of your child as well help them fight off bugs when they start. Great for use at first sign of cold especially if your child commonly gets ear infections but will work whether they do or not.



## Sore throat Sino-relief

Included

For any throat issues. Can use alongside medication for strep as well. This formula was created to address phlegmy feeling in sinuses, throat, adenoids, and tonsils



## Lingering Cough Resolve Phlegm

Included

Productive cough that persists for weeks or months after an upper respiratory infection. Your kiddo can also have low appetite, irritability or disturbed sleep with this pattern.



# Dr. Kim





## Tummy Qi Included

Indigestion. Worth trying if your child is really fussy especially if their stomach looks a little distended.



## Sleep trouble and Teething Tender Teeth Included

Based on a classic Chinese formula for insomnia but with herbs added to support the pain of teething. Great for younger kids teething, older kids with loose teeth, sleep trouble or anytime your child is in a highly emotional phase



## Chest Release Available to order

Strong Hard Cough with High Fever.



## Quiet Nites Available to order

Infant Colic



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Little Pearl  
Available to order

**Red & Itchy Eczema**



Peaceful Focus  
Available to order

**Frustration & Combative Behavior**



Lung Qi Jr  
Available to order

**Asthma in acute or chronic phase**



Dry Nites  
Available to order

**Bed Wetting**



**Dr. Kim**