

Dr. Kim Acu On-Hand Pediatric Herbal Formulas Guide

Acupuncture • Herbs • Fire Cupping
Holistic Aesthetics & Healthcare



Immunity Boosting Jade Windscreen + ASR

Included

Herbal extract of a classical formula to boost immunity with highly concentrated extracts of Astragalus, Shiitake, and Reishi mushrooms. Great for those who frequently are ill during the winter. It can be taken as added support at a low dose during the months that your child is frequently ill. If they become ill would switch to a different tincture.



Onset of cold especially with propensity to earaches

CQ Jr

Included

A blend of 3 classical formulas that addresses the constitution of your child as well help them fight off bugs when they start. Great for use at first sign of cold especially if your child commonly gets ear infections but will work whether they do or not.



Sore throat Sino-relief

Included



For any throat issues. Can use alongside medication for strep as well. This formula was created to address phlegmy feeling in sinuses, throat, adenoids, and tonsils



Lingering Cough Resolve Phlegm

Included



Productive cough that persists for weeks or months after an upper respiratory infection. Your kiddo can also have low appetite, irritability or disturbed sleep with this pattern.



Dr. Kim



Tummy Qi Included

Indigestion. Worth trying if your child is really fussy especially if their stomach looks a little distended.



Chest Release Available to order

Strong Hard Cough with High Fever.



Sleep trouble and Teething Tender Teeth Included

Based on a classic Chinese formula for insomnia but with herbs added to support the pain of teething. Great for younger kids teething, older kids with loose teeth, sleep trouble or anytime your child is in a highly emotional phase



Quiet Nites Available to order



Infant Colic



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Little Pearl
Available to order

Red & Itchy Eczema



Peaceful Focus
Available to order

Frustration & Combative Behavior



Lung Qi Jr
Available to order

Asthma in acute or chronic phase



Dry Nites
Available to order

Bed Wetting



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